

Come along to a Staff Presentation!



Teacher Wellbeing Workshop 3: Sharing Success

WHO'S INVITED?
All Staff

DURATION
60 minutes

WHERE?
In-Person Workshop

ABOUT THIS WORKSHOP

This workshop gives you the opportunity to build on the insights from the first two sessions and focus on caring for yourself and supporting those around you.

In this presentation you will:



Walk away with a host of practical ways to nurture your personal wellbeing at home and in the workplace.



Build trust, show vulnerability, and listen with empathy to deepen connections and create a stronger, more supportive workplace community.



Take part in meaningful discussions, with dedicated time to exchange best practices and insights with your colleagues. In small groups and as a whole team.

SCAN FOR MORE ABOUT
THE RESILIENCE PROJECT™

