

Come along to a Parent & Carer Presentation!



## Authentic Connection Webinar for Parents & Carers

**WHO'S INVITED?**  
Parents & Carers

**DURATION**  
60 minutes

**WHERE?**  
Online Webinar

### ABOUT THIS WORKSHOP

Join Martin Heppell from The Resilience Project for their inspiring online presentation, 'Authentic Connection'.

Designed for parents and carers, this session features engaging stories and practical strategies to help you:



Embrace **vulnerability**, **imperfection**, and **passion** to build stronger, more meaningful connections.



Experience the positive benefits **connection** has in your personal and professional life.

Don't miss this opportunity to reflect and gain tools to enhance your wellbeing and relationships. We hope to see you there!

SCAN FOR MORE ABOUT  
**THE RESILIENCE PROJECT™**

