



Authentic Connection Webinar for Parents & Carers

AUDIENCE
Parents & Carers

DURATION
60 minutes

FORMAT
Online Webinar

ABOUT THIS WORKSHOP

The Resilience Project's Hugh van Cuylenburg and Martin Heppell are excited to deliver a new presentation, 'Authentic Connection'.

Presented to you and other schools, this session for parents/carers includes **emotionally engaging stories** and **practical strategies** which will:



Demonstrate the benefits of letting go of **shame, perfection, ego** and **control** to build connection.



Combine powerful research with candid storytelling.



Provide inspiration to help support what is arguably the toughest job in the world... being a parent.