



Teacher Wellbeing Webinar 2: Looking After Each Other

AUDIENCE
All Staff

DURATION
60 minutes

FORMAT
Online Webinar

ABOUT THIS WORKSHOP

This Teacher Wellbeing Webinar is designed to **build stronger connections** amongst staff - knowing that these relationships are a key protective factor for stress and burnout.

Presented to you and other schools, this webinar will:



Equip staff with simple strategies to build trust within the workplace.



Encourage staff to listen with empathy and be vulnerable with each other.



Strengthen workplace relationships through meaningful connection.