



TRP in Action Webinar for Parents/Carers

AUDIENCE
Parents & Carers

TIME & DURATION
60 minutes

FORMAT
Online Webinar

ABOUT THIS WORKSHOP

As we know, a whole school approach is key to supporting student wellbeing. This 'TRP in Action' Webinar for Parents/Carers is designed to **connect the classroom to home**, providing a **consistency and common language** which promotes positive wellbeing throughout your community.

Presented to you and other schools, this webinar will help Parents/Carers with:



A knowledge of The Resilience Project School Wellbeing program, and the way it is run in your school..



Tips and strategies to support their child's wellbeing at home through the GEM principles.



Ideas on how to support their own personal wellbeing.