Year 7 GEM NSW Curriculum Summary Document



PERSONAL DEVELOPMENT, HEALTH AND PHYSICAL EDUCATION										
Conter	nt Strands	Skills Domain								
Health, Wellbeing and Relationships	Healthy, Safe and Active Lifestyles	Self Management	Interpersonal							
PD4-1 examines and evaluates strategies to manage current and future challenges PD4-2 examines and demonstrates the role help-seeking strategies and behaviours play in supporting themselves and others PD4-3 investigates effective strategies to promote inclusivity, equality and respectful relationships PD4-9 demonstrates self-management skills to effectively manage complex situations PD4-10 applies and refines interpersonal skills to assist themselves and others to interact respectfully and promote inclusion in a variety of groups or contexts	PD4-2 examines and demonstrates the role help-seeking strategies and behaviours play in supporting themselves and others PD4-7 investigates health practices, behaviours and resources to promote health, safety, wellbeing and physically active communities PD4-9 demonstrates self-management skills to effectively manage complex situations PD4-10 applies and refines interpersonal skills to assist themselves and others to interact respectfully and promote inclusion in a variety of groups or contexts	 Strengthening personal identity Self-awareness Emotion and stress management 	 Communication Collaboration, inclusion and relationship-building Empathy building Social awareness 							

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Curriculum	Strand/Skill Domain	Outcome	Lesson Number											
Area			1.1	1.2	2.1	2.2	3.1	3.2	4.1	4.2	5.1	5.2	6.1	6.2
	Health, Wellbeing and Relationships	<u>PD4-1</u>												
		PD4-2												
		PD4-3												
		PD4-9												
		PD4-10												
Personal	Healthy, Safe and Active Lifestyles	PD4-2												
Development, Health and Physical Education		PD4-7												
		PD4-9												
		PD4-10												
	<u>Self-Management</u>													
	Interpersonal													

Curriculum	Strand/Skill Domain	Outcome	Lesson Number													
Area			7.1	7.2	8.1	8.2	9.1	9.2	10.1	10.2	11.1	11.2	12.1	12.2	13.1	13.2
Personal Development,		<u>PD4-1</u>														
	Llealth Wallhaine	PD4-2														
	Health, Wellbeing and Relationships	<u>PD4-3</u>														
	and Retationships	PD4-9														
		<u>PD4-10</u>														
		PD4-2														
	Healthy, Safe and	PD4-7														
Health and Physical	Active Lifestyles	PD4-9														
Education		PD4-10														
	<u>Self-Management</u>															
	Interpersonal															

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Commission Area	Strand/Skill	Outcome	Inquiry Units						
Curriculum Area	Domain	Outcome	1.1	1.2	1.3 & 1.4				
		<u>PD4-1</u>							
Personal Development, Health and Physical Education	Health, Wellbeing	<u>PD4-2</u>							
	and Relationships	PD4-3							
	and Relationships	<u>PD4-9</u>							
		PD4-10							
		PD4-2							
	Healthy, Safe and	PD4-7							
	Active Lifestyles	PD4-9							
		PD4-10							
	Self-Management								
	Interpersonal								