



## Year 5 Australian Curriculum Mapping

Lesson # Title Theme	1 “Getting in touch with your emotions” Emotional Literacy	2 “What is gratitude?” Gratitude	3 “Empathy is...” Empathy
Learning Intention	<ul style="list-style-type: none"> <li>We are learning to identify and describe different emotions.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to define gratitude.</li> <li>We are learning to reflect on things we are grateful for.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to identify and describe empathic behaviours.</li> </ul>
AUS. Curriculum	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Emotional awareness, Reflective practice <u>Self-management</u> Emotional regulation</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b> <b>Literacy</b> Creating texts. <a href="#">AC9E5LY06</a>, <a href="#">AC9E5LY07</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Reflective practice</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b> <b>Literacy</b> Interacting with others. <a href="#">AC9E5LY02</a> Analysing, interpreting and evaluating. <a href="#">AC9E5LY03</a>, <a href="#">AC9E5LY05</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b> <b>Personal, social and community health</b> <b>Making healthy and safe choices</b> <a href="#">AC9HP6P09</a>, <a href="#">AC9HP6P10</a></p> <p><b>CRITICAL AND CREATIVE THINKING</b> <u>Inquiring</u></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Social management</u> Communication</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b> <b>Language</b> Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a> <b>Literature</b> Examining literature. <a href="#">AC9E5LE03</a>, <a href="#">AC9E5LE04</a> <b>Literacy</b> Interacting with others. <a href="#">AC9E5LY02</a> Creating texts. <a href="#">AC9E5LY06</a>, <a href="#">AC9E5LY07</a> Phonic and word knowledge. <a href="#">AC9E5LY08</a></p>

## Year 5 Australian Curriculum Mapping

		Develop questions Identify, process and evaluate information.	
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## Year 5 Australian Curriculum Mapping

Lesson # Title Theme	4 “Introduction to mindful bodies” Mindfulness	5 “Introduction to Character strengths” Character Strengths	6 “Spotting my strengths” Character Strengths
Learning Intention	<ul style="list-style-type: none"> <li>We are learning to define mindfulness.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to identify our own character strengths.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to identify and describe our character strengths.</li> </ul>
AUS. Curriculum	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Reflective practice</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b> <b>Language</b> Text structure and organisation. <a href="#">AC9E5LA03</a>, <a href="#">AC9E5LA04</a> Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a> Expressing and developing ideas</p> <p><b>Literacy</b> Analysing, interpreting and evaluating. <a href="#">AC9E5LY03</a>, <a href="#">AC9E5LY05</a> Creating texts. <a href="#">AC9E5LY06</a>, <a href="#">AC9E5LY07</a> Phonic and word knowledge. <a href="#">AC9E5LY08</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Personal awareness, Reflective practice <u>Self-management</u> Goal-setting, Emotional regulation</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Personal awareness, Reflective practice <u>Self-management</u> Goal-setting, Emotional regulation</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b> <b>Language</b> Text structure and organisation. <a href="#">AC9E5LA03</a>, <a href="#">AC9E5LA04</a> Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a></p> <p><b>Literature</b> Literature and contexts. <a href="#">AC9E5LE01</a> Engaging with and responding to literature. <a href="#">AC9E5LE02</a></p>

## Year 5 Australian Curriculum Mapping

	<p><b>HEALTH AND PHYSICAL EDUCATION</b>          Personal, social and community health          Making healthy and safe choices <a href="#">AC9HP6P09</a>,  <a href="#">AC9HP6P10</a></p>		<p>Examining literature. <a href="#">AC9E5LE03</a>, <a href="#">AC9E5LE04</a>  <b>Literacy</b>          Texts in context. <a href="#">AC9E5LY01</a>          Analysing, interpreting and evaluating. <a href="#">AC9E5LY03</a>,  <a href="#">AC9E5LY05</a>          Creating texts. <a href="#">AC9E5LY06</a>, <a href="#">AC9E5LY07</a>          Phonic and word knowledge. <a href="#">AC9E5LY08</a></p>
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## Year 5 Australian Curriculum Mapping

Lesson # Title Theme	7 “Positive versus negative thinking” Gratitude	8 “The ‘important’ book” Gratitude	9 “Supporting others” Empathy
Learning Intention	<ul style="list-style-type: none"> <li>We are learning to understand positive and negative thoughts.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to show gratitude by reflecting on things that are important.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to understand the benefits of showing empathy.</li> </ul>
AUS. Curriculum	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-management</u> Perseverance and adaptability</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A TSICP1</a>, <a href="#">A TSICP3</a> Culture <a href="#">A TSIC1</a>, <a href="#">A TSIC2</a>, <a href="#">A TSIC3</a> People <a href="#">A TSIP2</a>, <a href="#">A TSIP3</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Reflective practice <u>Self-management</u> Emotional regulation <u>Social awareness</u> Relational awareness</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Culture <a href="#">A TSIC1</a>, <a href="#">A TSIC2</a>, <a href="#">A TSIC3</a> People <a href="#">A TSIP2</a>, <a href="#">A TSIP3</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b> Personal, social and community health Identities and change <a href="#">AC9HP6P01</a></p> <p><b>CRITICAL AND CREATIVE THINKING</b> <u>Inquiring</u> Develop questions Identify, process and evaluate information. <u>Generating</u> Create possibilities Consider alternatives</p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Social management</u> Collaboration</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A TSICP1</a>, <a href="#">A TSICP3</a> Culture <a href="#">A TSIC1</a>, <a href="#">A TSIC2</a>, <a href="#">A TSIC3</a> People <a href="#">A TSIP2</a>, <a href="#">A TSIP3</a></p>

## Year 5 Australian Curriculum Mapping

		Put ideas into action	
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## Year 5 Australian Curriculum Mapping

Lesson # Title Theme	10 “Lights, camera, action!” Empathy	11 “Human camera” Mindfulness	12 “Mindful glitter jars” Mindfulness
Learning Intention	<ul style="list-style-type: none"> <li>We are learning to explain the benefits of showing empathy and kindness.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to focus on the present moment and notice things in our everyday environment.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to understand how our brain reacts to different feelings.</li> <li>We are learning to develop strategies to feel calm.</li> </ul>
AUS. Curriculum	<p><b>PERSONAL AND SOCIAL CAPABILITY</b>  <a href="#">Self-management</a>            Perseverance and adaptability  <a href="#">Social management</a>            Communication, Collaboration</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b>            Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP2</a>, <a href="#">A_TSICP3</a>            Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a>            People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b>  <b>Language</b>            Text structure and organisation. <a href="#">AC9E5LA03</a>, <a href="#">AC9E5LA04</a>            Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a>  <b>Literature</b>            Literature and contexts. <a href="#">AC9E5LE01</a>            Engaging with and responding to literature. <a href="#">AC9E5LE02</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b>  <a href="#">Self-awareness</a>            Reflective practice</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b>            Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a>            Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a>            People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b>            Personal, social and community health            Making healthy and safe choices <a href="#">AC9HP6P09</a>, <a href="#">AC9HP6P10</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b>  <a href="#">Self-awareness</a>            Reflective practice  <a href="#">Self-management</a>            Emotional regulation</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b>            Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a>            Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a>            People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b>            Personal, social and community health  <b>Interacting with others</b> <a href="#">AC9HP6P04</a>, <a href="#">AC9HP6P05</a>, <a href="#">AC9HP6P06</a>  <b>Making healthy and safe choices</b> <a href="#">AC9HP6P09</a>, <a href="#">AC9HP6P10</a></p>



## Year 5 Australian Curriculum Mapping

	<p>Examining literature. <a href="#">AC9E5LE03</a>, <a href="#">AC9E5LE04</a></p> <p><b>Literacy</b></p> <p>Interacting with others. <a href="#">AC9E5LY02</a></p> <p>Analysing, interpreting and evaluating. <a href="#">AC9E5LY03</a>, <a href="#">AC9E5LY05</a></p> <p>Creating texts. <a href="#">AC9E5LY06</a>, <a href="#">AC9E5LY07</a></p> <p>Phonic and word knowledge. <a href="#">AC9E5LY08</a></p>		
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## Year 5 Australian Curriculum Mapping

Lesson # Title Theme	13 "Regulating emotions" Emotional Literacy	14 "Recognising and recalling positive emotions" Emotional Literacy	15 "Book Of Awesome" Gratitude
Learning Intention	<ul style="list-style-type: none"> <li>We are learning to recognise both positive and negative emotions and learn how to manage these appropriately.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to identify the benefits of positive emotions.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to identify small things that we can be grateful for.</li> </ul>
AUS. Curriculum	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Emotional awareness, Reflective practice <u>Self-management</u> Goal-setting, Emotional regulation</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b> <b>Language</b> Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a> <b>Literacy</b> Phonic and word knowledge. <a href="#">AC9E5LY08</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b> <b>Personal, social and community health</b> <b>Interacting with others</b> <a href="#">AC9HP6P06</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Personal awareness, Emotional awareness, Reflective practice <u>Self-management</u> Emotional regulation</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Personal awareness, Emotional awareness, Reflective practice</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b> <b>Language</b> Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a> <b>Literature</b> Engaging with and responding to literature. <a href="#">AC9E5LE02</a> Examining literature. <a href="#">AC9E5LE03</a>, <a href="#">AC9E5LE04</a> <b>Literacy</b> Phonic and word knowledge. <a href="#">AC9E5LY08</a></p>

## Year 5 Australian Curriculum Mapping

	<p><b>Making healthy and safe choices</b>  <a href="#">AC9HP6P09</a>,  <a href="#">AC9HP6P10</a></p>		<p><b>HEALTH AND PHYSICAL EDUCATION</b>  <b>Personal, social and community health</b>  <b>Interacting with others</b> <a href="#">AC9HP6P04</a>, <a href="#">AC9HP6P05</a>,  <a href="#">AC9HP6P06</a>  <b>Making healthy and safe choices</b> <a href="#">AC9HP6P09</a>,  <a href="#">AC9HP6P10</a></p> <p><b>VISUAL ARTS</b>  Exploring and responding. <a href="#">AC9AVA6E01</a>  Developing practices and skills. <a href="#">AC9AVA6D01</a></p> <p><b>CRITICAL AND CREATIVE THINKING</b>  <b>Inquiring</b>  Develop questions  Identify, process and evaluate information.  <b>Generating</b>  Create possibilities  Consider alternatives  Put ideas into action</p>
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## Year 5 Australian Curriculum Mapping

Lesson # Title Theme	16 “Gratitude quote” Gratitude	17 “T.H.I.N.K Before You Speak” Empathy	18 “Positive self-talk” Empathy
Learning Intention	<ul style="list-style-type: none"> <li>We are learning to identify things that we can be grateful for.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to use strategies to help us to think before we speak/type.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to understand the importance of positive self-talk.</li> </ul>
AUS. Curriculum	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Reflective practice</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b> Language Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a> <b>Literature</b> Engaging with and responding to literature. <a href="#">AC9E5LE02</a> Examining literature. <a href="#">AC9E5LE03</a>, <a href="#">AC9E5LE04</a> <b>Literacy</b> Interacting with others. <a href="#">AC9E5LY02</a> Analysing, interpreting and evaluating. <a href="#">AC9E5LY03</a>, <a href="#">AC9E5LY05</a></p> <p><b>VISUAL ARTS</b> Exploring and responding. <a href="#">AC9AVA6E01</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Reflective practice <u>Self-management</u> Emotional regulation</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b> Personal, social and community health <b>Interacting with others</b> <a href="#">AC9HP6P04</a>, <a href="#">AC9HP6P05</a>, <a href="#">AC9HP6P06</a> <b>Making healthy and safe choices</b> <a href="#">AC9HP6P09</a>, <a href="#">AC9HP6P10</a></p> <p><b>DRAMA</b> Developing practices and skills. <a href="#">AC9ADR6D01</a> Creating and making. <a href="#">AC9ADR6C01</a> Presenting and performing. <a href="#">AC9ADR6P01</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Personal awareness <u>Self-management</u> Perseverance and adaptability</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b> Language Text structure and organisation. <a href="#">AC9E5LA03</a>, <a href="#">AC9E5LA04</a> Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a> <b>Literature</b> Engaging with and responding to literature. <a href="#">AC9E5LE02</a> Examining literature. <a href="#">AC9E5LE03</a>, <a href="#">AC9E5LE04</a> <b>Literacy</b> Analysing, interpreting and evaluating. <a href="#">AC9E5LY03</a>, <a href="#">AC9E5LY05</a></p>

## Year 5 Australian Curriculum Mapping

	<p>Creating and making. <a href="#">AC9AVA6C01</a>  Presenting and performing. <a href="#">AC9AVA6P01</a></p> <p><b>CRITICAL AND CREATIVE THINKING</b></p> <p><b>Inquiring</b>  Develop questions  Identify, process and evaluate information.</p> <p><b>Generating</b>  Create possibilities  Consider alternatives  Put ideas into action</p>		<p>Creating texts. <a href="#">AC9E5LY06</a>, <a href="#">AC9E5LY07</a>  Phonic and word knowledge. <a href="#">AC9E5LY08</a></p>
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## Year 5 Australian Curriculum Mapping

Lesson # Title Theme	19 “Breathing and Mindfulness” Mindfulness	20 “Mindful through music” Mindfulness	21 “Brain business” Emotional Literacy
Learning Intention	<ul style="list-style-type: none"> <li>We are learning to use the deep belly breathing strategy to become mindful.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to understand that music can influence our emotions.</li> <li>We are learning to identify music that can help us to be mindful.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to describe what happens to our brain when we feel certain emotions and develop strategies to encourage positive emotions.</li> </ul>
AUS. Curriculum	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Reflective practice</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b> Personal, social and community health Interacting with others <a href="#">AC9HP6P04</a>, <a href="#">AC9HP6P05</a>, <a href="#">AC9HP6P06</a> Making healthy and safe choices <a href="#">AC9HP6P09</a>, <a href="#">AC9HP6P10</a></p> <p><b>VISUAL ARTS</b> Developing practices and skills. <a href="#">AC9AVA6D01</a> Creating and making. <a href="#">AC9AVA6C01</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Emotional awareness, Reflective practice</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b> Personal, social and community health Making healthy and safe choices <a href="#">AC9HP6P09</a>, <a href="#">AC9HP6P10</a></p> <p><b>MUSIC</b> Exploring and responding <a href="#">AC9AMU6E01</a>, <a href="#">AC9AMU6E02</a> Developing practices and skills <a href="#">AC9AMU6D01</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Emotional awareness, Reflective practice <u>Self-management</u> Emotional regulation</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a> Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a> People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b> Personal, social and community health Making healthy and safe choices <a href="#">AC9HP6P09</a>, <a href="#">AC9HP6P10</a></p> <p><b>VISUAL ARTS</b> Developing practices and skills. <a href="#">AC9AVA6D01</a> Creating and making. <a href="#">AC9AVA6C01</a></p>

## Year 5 Australian Curriculum Mapping

Lesson # Title Theme	22 "Influencing our emotions" Emotional Literacy	23 "Card of compliments" Gratitude	24 "Gratitude writing" Gratitude
Learning Intention	<ul style="list-style-type: none"> <li>We are learning to develop strategies to cope with strong emotions.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to give and receive compliments.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to express gratitude to our carers.</li> </ul>
AUS. Curriculum	<p><b>PERSONAL AND SOCIAL CAPABILITY</b>  <a href="#">Self-awareness</a>            Emotional awareness  <a href="#">Self-management</a>            Emotional regulation, Perseverance and adaptability  <a href="#">Social awareness</a>            Relational awareness</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b>            Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a>            Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a>            People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b>  <b>Literature</b>            Literature and contexts. <a href="#">AC9E5LE01</a>            Examining literature. <a href="#">AC9E5LE03</a>, <a href="#">AC9E5LE04</a>  <b>Literacy</b>            Interacting with others. <a href="#">AC9E5LY02</a>            Analysing, interpreting and evaluating. <a href="#">AC9E5LY03</a>, <a href="#">AC9E5LY05</a>            Phonic and word knowledge. <a href="#">AC9E5LY08</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b>  <a href="#">Social awareness</a>            Relational awareness</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b>            Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a>            People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b>  <b>Language</b>            Text structure and organisation. <a href="#">AC9E5LA03</a>, <a href="#">AC9E5LA04</a>            Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a>  <b>Literacy</b>            Creating texts. <a href="#">AC9E5LY06</a>, <a href="#">AC9E5LY07</a>            Phonic and word knowledge.</p> <p><b>HEALTH AND PHYSICAL EDUCATION</b>  <b>Personal, social and community health</b>  <b>Interacting with others</b> <a href="#">AC9HP6P06</a>  <b>Making healthy and safe choices</b> <a href="#">AC9HP6P09</a>, <a href="#">AC9HP6P10</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b>  <a href="#">Self-awareness</a>            Personal awareness, Emotional awareness, Reflective practice  <a href="#">Self-management</a>            Emotional regulation  <a href="#">Social awareness</a>            Relational awareness</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b>            Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP2</a>, <a href="#">A_TSICP3</a>            Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a>            People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b>  <b>Language</b>            Text structure and organisation. <a href="#">AC9E5LA03</a>, <a href="#">AC9E5LA04</a>            Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a>  <b>Literature</b>            Literature and contexts. <a href="#">AC9E5LE01</a>  <b>Literacy</b></p>

## Year 5 Australian Curriculum Mapping

	<p><b>HEALTH AND PHYSICAL EDUCATION</b>  <b>Personal, social and community health</b>  <b>Making healthy and safe choices</b> <a href="#">AC9HP6P09</a>,  <a href="#">AC9HP6P10</a></p>	<p><b>CRITICAL AND CREATIVE THINKING</b>  <b>Inquiring</b>          Develop questions          Identify, process and evaluate information.  <b>Generating</b>          Create possibilities          Consider alternatives          Put ideas into action</p>	<p>Interacting with others. <a href="#">AC9E5LY02</a>          Creating texts. <a href="#">AC9E5LY06</a>, <a href="#">AC9E5LY07</a>          Phonic and word knowledge. <a href="#">AC9E5LY08</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b>  <b>Personal, social and community health</b>  <b>Interacting with others</b> <a href="#">AC9HP6P04</a>,  <a href="#">AC9HP6P06</a></p> <p><b>CRITICAL AND CREATIVE THINKING</b>  <b>Inquiring</b>          Develop questions          Identify, process and evaluate information.  <b>Generating</b>          Create possibilities          Consider alternatives          Put ideas into action</p>
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## Year 5 Australian Curriculum Mapping

Lesson # Title Theme	25 "This moment" Gratitude	26 "Sportsmanship" Empathy	27 "Cause and effect in conflict" Empathy
Learning Intention	<ul style="list-style-type: none"> <li>We are learning to be grateful in the present moment.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to develop empathy for others.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to use visual representations to describe different emotions.</li> </ul>
AUS. Curriculum	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Emotional awareness, Reflective practice</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A TSICP1</a>, <a href="#">A TSICP3</a> Culture <a href="#">A TSIC1</a>, <a href="#">A TSIC2</a>, <a href="#">A TSIC3</a> People <a href="#">A TSIP2</a>, <a href="#">A TSIP3</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b> Personal, social and community health Making healthy and safe choices <a href="#">AC9HP6P09</a>, <a href="#">AC9HP6P10</a></p> <p><b>VISUAL ARTS</b> Developing practices and skills. <a href="#">AC9AVA6D01</a> Creating and making. <a href="#">AC9AVA6C01</a></p> <p><b>CRITICAL AND CREATIVE THINKING</b> <u>Inquiring</u> Develop questions Identify, process and evaluate information.</p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-management</u> Emotional regulation <u>Social management</u> Communication, Collaboration, Conflict resolution</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Country/Place <a href="#">A TSICP1</a>, <a href="#">A TSICP3</a> Culture <a href="#">A TSIC1</a>, <a href="#">A TSIC2</a>, <a href="#">A TSIC3</a> People <a href="#">A TSIP2</a>, <a href="#">A TSIP3</a></p> <p><b>ENGLISH</b> <b>Language</b> Phonics and word knowledge Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a> <b>Literature</b> Literature and contexts. <a href="#">AC9E5LE01</a> Engaging with and responding to literature. <a href="#">AC9E5LE02</a> Analysing, interpreting and evaluating. <a href="#">AC9E5LY03</a>, <a href="#">AC9E5LY05</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Emotional awareness, Reflective practice <u>Self-management</u> Goal-setting, Emotional regulation <u>Social management</u> Communication, Conflict resolution</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b> Culture <a href="#">A TSIC1</a>, <a href="#">A TSIC2</a>, <a href="#">A TSIC3</a> People <a href="#">A TSIP2</a>, <a href="#">A TSIP3</a></p>

## Year 5 Australian Curriculum Mapping

	<p><b><u>Generating</u></b>          Create possibilities          Consider alternatives          Put ideas into action</p>	<p><b>Literacy</b>          Phonic and word knowledge. <a href="#">AC9E5LY08</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b>  <b>Personal, social and community health</b>  <b>Making healthy and safe choices</b> <a href="#">AC9HP6P09</a>,  <a href="#">AC9HP6P10</a></p> <p><b>CRITICAL AND CREATIVE THINKING</b>  <b><u>Inquiring</u></b>          Develop questions          Identify, process and evaluate information.  <b><u>Generating</u></b>          Create possibilities          Consider alternatives          Put ideas into action</p>	
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## Year 5 Australian Curriculum Mapping

Lesson # Title Theme	28 “Mindful colouring in” Mindfulness	29 “Emotions and friendship” Emotional Literacy	30 “Everyone experiences emotions differently” Emotional Literacy
Learning Intention	<ul style="list-style-type: none"> <li>We are learning to use meditation as a strategy for being mindful.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to identify characters of a good friend and reflect on how we can become a better friend.</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to understand that individuals show and express emotions differently.</li> </ul>
AUS. Curriculum	<p><b>PERSONAL AND SOCIAL CAPABILITY</b>  <a href="#">Self-awareness</a>            Reflective practice  <a href="#">Self-management</a>            Goal-setting, Emotional regulation</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b>            Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a>            Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a>            People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b>            Personal, social and community health            Making healthy and safe choices <a href="#">AC9HP6P09</a>, <a href="#">AC9HP6P10</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b>  <a href="#">Self-management</a>            Goal-setting, Emotional regulation  <a href="#">Social management</a>            Communication, Conflict resolution</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b>            Country/Place <a href="#">A_TSICP1</a>, <a href="#">A_TSICP3</a>            Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a>            People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>ENGLISH</b>            Language            Text structure and organisation. <a href="#">AC9E5LA03</a>, <a href="#">AC9E5LA04</a>            Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a>            Literature            Literature and contexts. <a href="#">AC9E5LE01</a>            Engaging with and responding to literature. <a href="#">AC9E5LE02</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b>  <a href="#">Self-awareness</a>            Reflective practice  <a href="#">Self-management</a>            Goal-setting, Emotional regulation awareness  <a href="#">Social management</a>            Communication, Collaboration</p> <p><b>CROSS CURRICULAR PRIORITY – ABORIGINAL &amp; TORRES STRAIT ISLANDER HISTORIES AND CULTURES</b>            Culture <a href="#">A_TSIC1</a>, <a href="#">A_TSIC2</a>, <a href="#">A_TSIC3</a>            People <a href="#">A_TSIP2</a>, <a href="#">A_TSIP3</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b>            Personal, social and community health            Making healthy and safe choices <a href="#">AC9HP6P09</a>, <a href="#">AC9HP6P10</a></p>

## Year 5 Australian Curriculum Mapping

		<p>Examining literature. <a href="#">AC9E5LE03</a>, <a href="#">AC9E5LE04</a></p> <p><b>Literacy</b></p> <p>Analysing, interpreting and evaluating. <a href="#">AC9E5LY03</a>, <a href="#">AC9E5LY05</a></p> <p>Creating texts. <a href="#">AC9E5LY06</a>, <a href="#">AC9E5LY07</a></p> <p>Phonic and word knowledge. <a href="#">AC9E5LY08</a></p>	
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## Year 5 Australian Curriculum Mapping

Integrated Lessons			
Lesson # Title Theme	1 "The 5 Senses" Writing/Mindfulness	2 "Emoji Enlargement" Maths/Emotional Literacy	3 "Bedroom Insights" Reading/Gratitude
Learning Intention	<ul style="list-style-type: none"> <li>We are learning to use a range of figurative language (similes, metaphors and personification) to communicate ideas in a creative way</li> <li>We are learning to use our 5 senses to focus our minds on one thing at a time</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to use the grid system to enlarge a familiar image</li> <li>We are learning to recognise a variety of emotions using facial features and expressions</li> </ul>	<ul style="list-style-type: none"> <li>We are learning to read and analyse still images by determining the important features used by the author to communicate ideas</li> <li>We are learning to identify positives in all situations of life and notice things in our own lives to be grateful for</li> <li>We are developing an understanding about how other children live around the world</li> </ul>
AUS. Curriculum	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Emotional awareness <u>Self-management</u> Emotional regulation</p> <p><b>ENGLISH</b> <b>Language:</b> Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a> <b>Literature:</b> Creating literature. <a href="#">AC9E5LE05</a> <b>Literacy:</b> Creating texts. <a href="#">AC9E5LY06</a>, <a href="#">AC9E5LY07</a></p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Self-awareness</u> Emotional awareness <u>Social awareness</u> Relational awareness <u>Social management</u> Communication</p> <p><b>MATHEMATICS</b> Space <a href="#">AC9M5SP03</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b> <b>Personal, Social and Community Health</b> <b>Interacting with others</b> <a href="#">AC9HP6P04</a>, <a href="#">AC9HP6P05</a>, <a href="#">AC9HP6P06</a> <b>Making healthy and safe choices</b> <a href="#">AC9HP6P09</a>,</p>	<p><b>PERSONAL AND SOCIAL CAPABILITY</b> <b>Social-Awareness</b> Appreciate diverse perspectives</p> <p><b>PERSONAL AND SOCIAL CAPABILITY</b> <u>Social awareness</u> Empathy, Relational awareness, Community awareness</p> <p><b>ENGLISH</b> <b>Language:</b> Language for expressing and developing ideas. <a href="#">AC9E5LA05</a>, <a href="#">AC9E5LA07</a>, <a href="#">AC9E5LA08</a> <b>Literature</b> Literature and contexts. <a href="#">AC9E5LE01</a> Engaging with and responding to literature. <a href="#">AC9E5LE02</a></p>

## Year 5 Australian Curriculum Mapping

		<a href="#">AC9HP6P10</a>	<p><b>Literacy</b> Analysing, interpreting and evaluating. <a href="#">AC9E5LY03</a>, <a href="#">AC9E5LY05</a></p> <p><b>HEALTH AND PHYSICAL EDUCATION</b> <b>Identities and change</b> <a href="#">AC9HP6P01</a> <b>Personal, Social and Community Health</b> <b>Making healthy and safe choices</b> <a href="#">AC9HP6P09</a>, <a href="#">AC9HP6P10</a></p>
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