

Curriculum	Strand/Element															Le	esson	Nun	nber														tegrat Lesso	
Area	Strandy Etement	1	2	<u>3</u>	4	5	<u>6</u>	<u>Z</u>	<u>8</u>	<u>9</u>	<u>10</u>	11	<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>	<u>26</u>	27	<u>28</u>	<u>29</u>	<u>30</u>	1	<u>2</u> a	<u>2</u> b
Personal &	Self-awareness																																	
Social	Self-management																																	
Capabilities	Social awareness																																	
	Social management																																	
Cross Curricular Priority –	Country/Place																																	
Aboriginal & Torres Strait Islander	Culture																																	
Histories & Cultures	People																																	
English	Language																																	
	Literature																																	
	Literacy																																	
Mathematics	Measurement																																	
	Statistics																																	
Health & Physical Education	Personal, social & community health																																	
	Movement & Physical Activity																																	
The Arts	Visual Arts																																	
	Drama																																	



Lesson # Title Theme	1 "Introduction to emotional literacy" Emotional Literacy	2 "Introduction to gratitude" Gratitude	3 "What is empathy?" Empathy
Learning Intention	• We are learning to identify and describe different emotions in ourselves and others.	• We are learning to reflect on times when we have been grateful.	We are learning to understand the meaning of empathy.
AUS. Curriculum	PERSONAL AND SOCIAL CAPABILITY Self-awareness Personal awareness, Emotional awareness Reflective practice Self-management Perseverance and adaptability CROSS CURRICULAR PRIORITY - ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A_TSICP1 Culture A_TSIC1, A_TSIC2, A_TSIC3 People A_TSIP2, A_TSIP3 ENGLISH Language Language for interacting with others. AC9E4LA01 Text structure and organisation. AC9E4LA03 Language for expressing and developing ideas. AC9E4LA06 Literacy Texts in context. AC9E4LY01 Interacting with others. AC9E4LY02 Analysing, interpreting and evaluating. AC9E4LY03, AC9E4LY05 Creating texts. AC9E4LY06, AC9E4LY07	PERSONAL AND SOCIAL CAPABILITY Self-awareness Personal awareness, Emotional awareness Reflective practice Social awareness Relational awareness Social management Communication CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A TSICP1 Culture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3 Language Language for interacting with others. AC9E4LA01 Language for expressing and developing ideas. AC9E4LA06 Literature Engaging with and responding to literature. AC9E4LE02 Literacy Interacting with others. AC9E4LY02	PERSONAL AND SOCIAL CAPABILITY Self-awareness Personal awareness, Emotional awareness CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A_TSICP1, A_TSICP2 Culture A_TSIC1, A_TSIC2, A_TSIC3 People A_TSIP2, A_TSIP3 ENGLISH Language Language for interacting with others. AC9E4LA01 Language for expressing and developing ideas. AC9E4LA06 Literature Literature and contexts. AC9E4LE01 Literacy Analysing, interpreting and evaluating. AC9E4LY03, AC9E4LY05 Phonic and word knowledge. AC9E4LY09 HEALTH AND PHYSICAL EDUCATION Personal, social and community health



Phonic and word knowledge. <u>AC9E4LY09</u>	Analysing, interpreting and evaluating. <u>AC9E4LY03</u> , <u>AC9E4LY05</u>	Interacting with others. <u>AC9HP4P04</u> Making healthy and safe choices. <u>AC9HP4P10</u>
HEALTH AND PHYSICAL EDUCATION	Creating texts. <u>AC9E4LY06</u> , <u>AC9E4LY07</u>	
Personal, social and community health		
Interacting with others. AC9HP4P04	HEALTH AND PHYSICAL EDUCATION	
	Personal, social and community health	
	Interacting with others. <u>AC9HP4P04</u>	
	Making healthy and safe choices. <u>AC9HP4P10</u>	



Lesson # Title Theme	4 "What is mindfulness?" Mindfulness	5 "Introduction to character strengths" Character Strengths	6 "Strength spotting" Character Strengths
Learning Intention	• We are learning to develop an understanding of what mindfulness is.	• We are learning to develop an understanding of character strengths.	 We are learning to identify our own character strengths.
AUS. Curriculum	PERSONAL AND SOCIAL CAPABILITY Self-awareness Personal awareness, Emotional awareness Reflective practice Self-management Emotional regulation CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A_TSICP1 Culture A_TSIC1, A_TSIC2, A_TSIC3 People A_TSIP2, A_TSIP3 HEALTH AND PHYSICAL EDUCATION Movement and physical activity Making active choices. AC9HP4M04	PERSONAL AND SOCIAL CAPABILITYSelf-awarenessPersonal awareness, Emotional awarenessCROSS CURRICULAR PRIORITY - ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURESCountry/Place A TSICP1 Culture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3ENGLISH Language Language for interacting with others. AC9E4LA01 Text structure and organisation. AC9E4LA03 Language for expressing and developing ideas. AC9E4LA06 LiteratureLiterature Literature and contexts. AC9E4LE01 Engaging with and responding to literature. AC9E4LE02 Literacy Interacting with others. AC9E4LY02 Analysing, interpreting and evaluating. AC9E4LY03, AC9E4LY05	PERSONAL AND SOCIAL CAPABILITY Self-awareness Personal awareness, Emotional awareness Reflective practice CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A_TSICP1 Culture A_TSIC1, A_TSIC2, A_TSIC3 People A_TSIP2, A_TSIP3 ENGLISH Language Language for interacting with others. AC9E4LA01 Text structure and organisation. AC9E4LA03 Language for expressing and developing ideas. AC9E4LA06 Literature Engaging with and responding to literature. AC9E4LE02 Examining literature. AC9E4LE03 Literacy



Creating texts. AC9E4LY06, AC9E4LY07	Analysing, interpreting and evaluating. <u>AC9E4LY03</u> ,
Phonic and word knowledge. <u>AC9E4LY09</u>	AC9E4LY05
	Creating texts. AC9E4LY06, AC9E4LY07
	Phonic and word knowledge. <u>AC9E4LY09</u>



Lesson # Title Theme	7 "My playground – Part 1" Gratitude	8 "My playground – Part 2" Gratitude	9 "My playground – Part 3" Gratitude
Learning Intention	• We are learning to understand we have many things to be grateful for.	• We are learning to understand we have many things to be grateful for.	 We are learning to understand we have many things to be grateful for.
AUS. Curriculum	PERSONAL AND SOCIAL CAPABILITY Self-awareness Personal awareness, Emotional awareness Social awareness Empathy, Relational awareness CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A TSICP1 Culture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3	PERSONAL AND SOCIAL CAPABILITY Self-awareness Personal awareness, Emotional awareness Social awareness Empathy, Relational awareness CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A TSICP1 Culture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3	PERSONAL AND SOCIAL CAPABILITY Self-awareness Personal awareness, Emotional awareness Social awareness Empathy, Relational awareness CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A TSICP1 Culture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3
	HEALTH AND PHYSICAL EDUCATION Personal, social and community health Interacting with others. <u>AC9HP4P04</u> Making healthy and safe choices. <u>AC9HP4P10</u>	MATHEMATICS Measurement <u>AC9M4M02</u> HEALTH AND PHYSICAL EDUCATION Personal, social and community health Interacting with others. <u>AC9HP4P04</u> Making healthy and safe choices. <u>AC9HP4P10</u>	ENGLISH Language Language for expressing and developing ideas. AC9E4LA06 Literature Engaging with and responding to literature. AC9E4LE02 Literacy Interacting with others. AC9E4LY02 Analysing, interpreting and evaluating. AC9E4LY03, AC9E4LY05 Creating texts. AC9E4LY06, AC9E4LY07



	MATHEMATICS Measurement <u>AC9M4M02</u>
	HEALTH AND PHYSICAL EDUCATION Personal, social and community health Interacting with others. <u>AC9HP4P04</u> Making healthy and safe choices. <u>AC9HP4P10</u>



Lesson # Title Theme	10 "Small acts of kindness" Empathy	11 "Ordinary Mary" Empathy	12 "Five count belly breathing" Mindfulness
Learning Intention	We are learning to understand the impact of showing kindness.	 We are learning to show a simple act of kindness. 	We are learning to develop strategies to help us to meditate.
AUS. Curriculum	 PERSONAL AND SOCIAL CAPABILITY Social management Communication, Collaboration CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place <u>A TSICP1</u> Culture <u>A TSIC1</u>, <u>A TSIC2</u>, <u>A TSIC3</u> People <u>A TSIP2</u>, <u>A TSIP3</u> HEALTH AND PHYSICAL EDUCATION Personal, social and community health Interacting with others. <u>AC9HP4P04</u> Making healthy and safe choices.<u>AC9HP4P10</u> 	 PERSONAL AND SOCIAL CAPABILITY Self-awareness Personal awareness, Emotional awareness Social awareness Empathy, Relational awareness CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Culture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3 HEALTH AND PHYSICAL EDUCATION Personal, social and community health Interacting with others. AC9HP4P04 Making healthy and safe choices. AC9HP4P10 Movement and physical activity Making active choices. AC9HP4M04 	PERSONAL AND SOCIAL CAPABILITY Self-awareness Personal awareness, Emotional awareness Reflective practice Self-management Emotional regulation CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place <u>A_TSICP1</u> Culture <u>A_TSIC1</u> , <u>A_TSIC2</u> , <u>A_TSIC3</u> People <u>A_TSIP2</u> , <u>A_TSIP3</u>



Lesson # Title Theme	13 "Mindfulness movement" Mindfulness	14 "Emotions influencing our behaviour" Emotional Literacy	15 "Catastrophe scale" Emotional Literacy
Learning Intention	We are learning to use mindful movement to practise being mindful	We are learning to develop strategies to deal with strong emotions such as anger.	• We are learning to understand when we are experiencing strong emotions and learn ways to appropriately deal with these emotions.
AUS. Curriculum	PERSONAL AND SOCIAL CAPABILITY Self-awareness Emotional awareness Self-management Emotional regulation CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A_TSICP1 Culture A_TSIC1, A_TSIC2, A_TSIC3 People A_TSIP2, A_TSIP3 HEALTH AND PHYSICAL EDUCATION Personal, social and community health Interacting with others. AC9HP4P04 Making healthy and safe choicesAC9HP4P10 Movement and physical activity Making active choices. AC9HP4M04	PERSONAL AND SOCIAL CAPABILITY Self-awareness Personal awareness Self-management Emotional regulation CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Culture A_TSIC1, A_TSIC2, A_TSIC3 People A_TSIP2, A_TSIP3 ENGLISH Language Language for interacting with others. AC9E4LA01 Text structure and organisation. AC9E4LA03 Language for expressing and developing ideas. AC9E4LA06 Literature Engaging with and responding to literature. AC9E4LE02 Examining literature. AC9E4LE03 Creating literature. AC9E4LE05 Literacy	PERSONAL AND SOCIAL CAPABILITYSelf-awarenessPersonal awareness, Emotional awareness,Reflective practiceSelf-managementEmotional regulationCROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURESCulture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3ENGLISH Language Language for interacting with others. AC9E4LA01 Language for expressing and developing ideas. AC9E4LA06 Literacy Phonic and word knowledge. AC9E4LY09HEALTH AND PHYSICAL EDUCATION Personal, social and community health



Texts in context. <u>AC9E4LY01</u> Interacting with others. <u>AC9E4LY02</u> Analysing, interpreting and evaluating. <u>AC9E4LY03</u> , <u>AC9E4LY05</u> Phonic and word knowledge. <u>AC9E4LY09</u>	Interacting with others. <u>AC9HP4P04</u> Making healthy and safe choices. <u>AC9HP4P10</u> Movement and physical activity Making active choices. <u>AC9HP4M04</u>
HEALTH AND PHYSICAL EDUCATION Movement and physical activity Making active choices. <u>AC9HP4M04</u>	



Lesson # Title Theme	16 "Gratitude wall" Gratitude	17 "Thank you Poster" Gratitude	18 "Different perspectives" Empathy
Learning Intention	 We are learning to identify and express things we are most grateful for. 	• We are learning to show gratitude to a family member.	 We are learning to understand the importance of seeing situations from other people's perspectives.
AUS. Curriculum	PERSONAL AND SOCIAL CAPABILITY Self-awareness Emotional awareness, Reflective practice CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A TSICP1 Culture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3 ENGLISH Language Language for interacting with others. AC9E4LA01 Text structure and organisation. AC9E4LA03 Language for expressing and developing ideas. AC9E4LA06 Literature Creating literature. AC9E4LE05 Literacy Phonic and word knowledge. AC9E4LY09 HEALTH AND PHYSICAL EDUCATION Personal, social and community health	PERSONAL AND SOCIAL CAPABILITY Self-awareness Emotional awareness Social awareness Relational awareness Relational awareness CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A TSICP1 Culture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3 ENGLISH Language Language for interacting with others. AC9E4LA01 Text structure and organisation. AC9E4LA03 Language for expressing and developing ideas. AC9E4LA06 Literature Creating literature. AC9E4LE05 HEALTH AND PHYSICAL EDUCATION Personal, social and community health	PERSONAL AND SOCIAL CAPABILITY Self-awareness Emotional awareness Social awareness Relational awareness Social management Communication, Conflict resolution CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A TSICP1, A TSICP2, A TSICP3 Culture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3 ENGLISH Literature Literature and contexts. AC9E4LE01 HEALTH AND PHYSICAL EDUCATION Personal, social and community health Interacting with others. AC9HP4P04 Making healthy and safe choices. AC9HP4P10



Interacting with others. <u>AC9HP4P04</u> Making healthy and safe choices. <u>AC9HP4P10</u>	Interacting with others. <u>AC9HP4P04</u> Making healthy and safe choices. <u>AC9HP4P10</u>	VISUAL ARTS Exploring and responding. <u>AC9AVA4E01</u> Creating and making. <u>AC9AVA4C01</u>



Lesson #	19	20	21
Title	"Building strong communities"	"Mindful eating"	"Mindful outdoors"
Theme	Empathy	Mindfulness	Mindfulness
Learning	 We are learning to understand the	 We are learning to develop strategies to	We are learning to use nature to practice being mindful.
Intention	importance of belonging to a community.	help us to be mindful.	
AUS. Curriculum	PERSONAL AND SOCIAL CAPABILITY Self-awareness Emotional awareness Emotional awareness Relational awareness Relational awareness CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place <u>A TSICP1</u> Culture <u>A TSIC1</u> , <u>A TSIC2</u> , <u>A TSIC3</u> People <u>A TSIP2</u> , <u>A TSIP3</u> ENGLISH Language Language for expressing and developing ideas. AC9E4LA06 Literacy Analysing, interpreting and evaluating. AC9E4LY03, AC9E4LY05 HEALTH AND PHYSICAL EDUCATION Personal, social and community health	PERSONAL AND SOCIAL CAPABILITY Self-awareness Emotional awareness, Reflective practice Self-management Emotional regulation CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A TSICP1 Culture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3 HEALTH AND PHYSICAL EDUCATION Movement and physical activity Making active choices. AC9HP4M04	PERSONAL AND SOCIAL CAPABILITY Self-awareness Emotional awareness, Reflective practice Self-management Emotional regulation CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A TSICP1 Culture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3 ENGLISH Language Language for expressing and developing ideas. AC9E4LA06 VISUAL ARTS Exploring and responding. AC9AVA4E01 Developing practices and skills. AC9AVA4D01 Creating and making. AC9AVA4C01 Presenting and performing. AC9AVA4P01



Interacting with others. <u>AC9HP4P04</u>	
Making healthy and safe choices. <u>AC9HP4P10</u>	
Movement and physical activity	
Making active choices. <u>AC9HP4M04</u>	

Lesson #	22	23	24
Title	"Positive self-talk"	"Emotion pep talks"	"Gratitude graph"
Theme	Emotional Literacy	Emotional Literacy	Gratitude
Learning Intention	 We are learning to understand that positive self-talk can affect our emotions and behaviours. 	 We are learning to reflect on our own strengths. We are learning to develop our self-esteem through positive talk. 	 We are learning to identify things we can be grateful for.



	PERSONAL AND SOCIAL CAPABILITY	PERSONAL AND SOCIAL CAPABILITY	PERSONAL AND SOCIAL CAPABILITY
	Self-awareness	Self-awareness	Self-awareness
	Personal awareness, Emotional awareness,	Personal awareness, Reflective practice	Emotional awareness
	Reflective practice	Self-management	
	Self-management	Perseverance and adaptability	CROSS CURRICULAR PRIORITY –
	Perseverance and adaptability		ABORIGINAL & TORRES STRAIT ISLANDER
		CROSS CURRICULAR PRIORITY –	HISTORIES AND CULTURES
	CROSS CURRICULAR PRIORITY –	ABORIGINAL & TORRES STRAIT ISLANDER	Country/Place <u>A TSICP1</u>
	ABORIGINAL & TORRES STRAIT ISLANDER	HISTORIES AND CULTURES	Culture A TSIC1, A TSIC2, A TSIC3
	HISTORIES AND CULTURES	Country/Place <u>A_TSICP1</u>	People <u>A_TSIP2</u> , <u>A_TSIP3</u>
	Country/Place <u>A TSICP1</u>	Culture A TSIC1, A TSIC2, A TSIC3	
	Culture A_TSIC1, A_TSIC2, A_TSIC3	People <u>A TSIP2</u> , <u>A TSIP3</u>	ENGLISH
	People <u>A TSIP2</u> , <u>A TSIP3</u>		Language
AUS.		ENGLISH	Language for interacting with others. <u>AC9E4LA01</u> Language for expressing and developing ideas.
Curriculum	ENGLISH	Language for interacting with others. <u>AC9E4LA01</u>	AC9E4LA06
Carricalan	Language for interacting with others. <u>AC9E4LA01</u>	Language for expressing and developing ideas.	Literacy
	Text structure and organisation. <u>AC9E4LA03</u>	AC9E4LA06	Texts in context. <u>AC9E4LY01</u>
	Language for expressing and developing ideas.	Literacy	Interacting with others. <u>AC9E4LY02</u>
	AC9E4LA06	Phonic and word knowledge. AC9E4LY09	Analysing, interpreting and evaluating.
	Literature		<u>AC9E4LY03, AC9E4LY05</u>
	Literature and contexts. <u>AC9E4LE01</u>		Phonic and word knowledge. <u>AC9E4LY09</u>
	Engaging with and responding to literature.		MATHEMATICS
	AC9E4LE02		
	Examining literature. <u>AC9E4LE03</u> Creating literature. <u>AC9E4LE05</u>		Statistics AC9M4ST03
	Interacting with others. <u>AC9E4LY02</u>		HEALTH AND PHYSICAL EDUCATION
	Analysing, interpreting and evaluating.		Personal, social and community health
	AC9E4LY03, AC9E4LY05		
	Phonic and word knowledge. <u>AC9E4LY09</u>		



	Interacting with others. <u>AC9HP4P04</u> Making healthy and safe choices. <u>AC9HP4P10</u>



Lesson # Title Theme	25 "Importance of showing empathy" Empathy	26 "Small gestures" Empathy	27 "Empathy & family" Empathy
Learning Intention	We are learning to understand the importance of showing empathy to other people.	 We are learning to understand that small gestures can have a positive effect. 	 We are learning to identify and describe behaviours that show empathy.
AUS. Curriculum	PERSONAL AND SOCIAL CAPABILITY Self-awareness Emotional awareness Emotional awareness Relational awareness Relational awareness CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Culture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3 HEALTH AND PHYSICAL EDUCATION Personal, social and community health Interacting with others. AC9HP4P04 Making healthy and safe choices. AC9HP4P10	PERSONAL AND SOCIAL CAPABILITY Self-awareness Emotional awareness Social management Communication, Collaboration CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Country/Place A_TSICP1 Culture A_TSIC1, A_TSIC2, A_TSIC3 People A_TSIP2, A_TSIP3 Language Language for expressing and developing ideas. AC9E4LA06 Literature Creating literature. AC9E4LE05 Literacy Creating texts. AC9E4LY06, AC9E4LY07 Phonic and word knowledge. AC9E4LY09 HEALTH AND PHYSICAL EDUCATION	PERSONAL AND SOCIAL CAPABILITY Self-awareness Emotional awareness, Reflective practice Social awareness Relational awareness Social management Conflict resolution CROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURES Culture A_TSIC1, A_TSIC2, A_TSIC3 People A_TSIP2, A_TSIP3 HEALTH AND PHYSICAL EDUCATION Personal, social and community health Interacting with others. AC9HP4P04 Making healthy and safe choices. AC9HP4P10



	Personal, social and community health Interacting with others. <u>AC9HP4P04</u> Making healthy and safe choices. <u>AC9HP4P10</u>	
	DRAMA Exploring and responding. <u>AC9ADR4E01</u> Creating and making. <u>AC9ADR4C01</u> Presenting and performing <u>AC9ADR4P01</u>	



Lesson # Title Theme	28 "Emotions influencing friendships" Emotional Literacy	29 "The invisible boy" Emotional Literacy	30 "Building our emotional word bank" Emotional Literacy
Learning Intention	 We are learning to develop strategies to deal with situations when we feel jealous. 	• We are learning to notice people around us and recognise the emotions they may be feeling so we can be good friends.	 We are learning to identify different emotions. We are learning to understand that we can experience more than one emotion at a time.
AUS. Curriculum	PERSONAL AND SOCIAL CAPABILITYSelf-managementEmotional regulationSocial awarenessRelational awarenessSocial managementCommunication, Conflict resolutionCROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURESCountry/Place A_TSICP1 Culture A_TSIC1, A_TSIC2, A_TSIC3 People A_TSIP2, A_TSIP3ENGLISH Language Language for interacting with others. AC9E4LA01 Text structure and organisation. AC9E4LA03 Language for expressing and developing ideas. AC9E4LA06 Literature Literature and contexts. AC9E4LE01	PERSONAL AND SOCIAL CAPABILITYSelf-managementEmotional regulationSocial managementCommunication, CollaborationCROSS CURRICULAR PRIORITY – ABORIGINAL & TORRES STRAIT ISLANDER HISTORIES AND CULTURESCountry/Place & TSICP1 Culture A TSIC1, A TSIC2, A TSIC3 People A TSIP2, A TSIP3ENGLISH LiteratureEngaging with and responding to literature. AC9E4LE02Examining literature. AC9E4LE03 	PERSONAL AND SOCIAL CAPABILITYSelf-awarenessEmotional awarenessSelf-managementEmotional regulationSocial awarenessEmpathy, Relational awareness, CommunityawarenessSocial managementCommunication, CollaborationCROSS CURRICULAR PRIORITY –ABORIGINAL & TORRES STRAIT ISLANDERHISTORIES AND CULTURESCulture A TSIC1, A TSIC2, A TSIC3People A TSIP2, A TSIP3ENGLISHLanguageLanguage for interacting with others. AC9E4LA01Text structure and organisation. AC9E4LA03Language for expressing and developing ideas.AC9E4LA06



Engaging with and responding to literature. <u>AC9E4LE02</u> Examining literature. <u>AC9E4LE03</u> Literacy Interacting with others. <u>AC9E4LY02</u> Analysing, interpreting and evaluating. <u>AC9E4LY03</u> , <u>AC9E4LY05</u> Creating texts. <u>AC9E4LY06</u> , <u>AC9E4LY07</u> Phonic and word knowledge. <u>AC9E4LY09</u>	Personal, social and community health Interacting with others. <u>AC9HP4P04</u> Making healthy and safe choices. <u>AC9HP4P10</u> DRAMA Exploring and responding. <u>AC9ADR4E01</u> Creating and making. <u>AC9ADR4E01</u> Presenting and performing <u>AC9ADR4P01</u>	Literature Engaging with and responding to literature. <u>AC9E4LE02</u> Examining literature. <u>AC9E4LE03</u> Creating literature. <u>AC9E4LE05</u> Literacy Interacting with others. <u>AC9E4LY02</u> Phonic and word knowledge. <u>AC9E4LY09</u>
HEALTH AND PHYSICAL EDUCATION Movement and physical activity Making active choices. <u>AC9HP4M04</u>		HEALTH AND PHYSICAL EDUCATION Personal, social and community health Interacting with others. <u>AC9HP4P04</u> Making healthy and safe choices. <u>AC9HP4P10</u>



	Integrated Lessons				
Lesson # Title Theme	1 "My Meditation" Writing/Mindfulness	2a "Grateful Graphs" Maths/Gratitude	2b "Grateful Graphs" Maths/Gratitude		
Learning Intention	 We are learning to use descriptive language such as adjectives and adverbs to write a guided meditation for our classmates We are learning how to calm our minds using guided meditation as a form of mindfulness 	 We are learning to use different methods for data collection including survey questions and recording sheets We are learning to notice everyday things around us that we can be grateful for 	 We are exploring different ways of presenting data and showing the results of our Gratitude investigation. We are learning to notice everyday things around us that we can be grateful for 		
AUS. Curriculum	PERSONAL AND SOCIAL CAPABILITY Self-awareness Personal awareness, Emotional awareness ENGLISH Language Text structure and organisation. AC9E4LA03 Language for expressing and developing ideas. AC9E4LA06	PERSONAL AND SOCIAL CAPABILITY Self-awareness Emotional awareness MATHS Statistics AC9M4ST01, AC9M4ST03 HEALTH AND PHYSICAL EDUCATION Personal, Social and Community Health Interacting with others. AC9HP4P04 Making healthy and safe choices. AC9HP4P10	PERSONAL AND SOCIAL CAPABILITY Self-awareness Emotional awareness MATHS Statistics AC9M4ST01, AC9M4ST03 HEALTH AND PHYSICAL EDUCATION Personal, Social and Community Health Interacting with others. AC9HP4P04 Making healthy and safe choices. AC9HP4P10		