

Lesson 19

THE GRATITUDE PODCAST

People you are grateful for

Use this mind map to brainstorm 4 people you are grateful for and some of the reasons why:

SAMPLE



.....

1.

2.

3.

4.

5.

.....

1.

2.

3.

4.

5.

.....

I'm grateful for... ..

.....

1.

2.

3.

4.

5.

.....

1.

2.

3.

4.

5.

Lesson 19

THE GRATITUDE PODCAST

Podcast Plan

Use this page to plan your podcast episode / interview:

| What? | How long? | Who? |
|---------------|-----------|------|
| Introduction | | |
| Interviewer 1 | | |
| Interviewer 2 | | |

Write down some key questions that you will ask each other (minimum of 5). You may add some along the way, but this is a guide to help you. Write down a summary / prompt to what your answers will be in the second column. If you need to write more information, use a scrap piece of paper or the notes section at the back of your Student Journal.

| Question | Summary answer |
|----------|----------------|
| | |
| | |
| | |
| | |
| | |