



Integrating TRP Curriculum with Respectful Relationships

About this document:

This is a guide designed to assist teachers planning to deliver TRP curriculum in conjunction with the department of education Rights, Resilience and Respectful Relationships (RRRR) resource.

We have identified which activities in the RRRR resource compliment each TRP lesson. Please be aware that we have tried to identify all the opportunities for integration so some of the RRRR activities are repeated in several lessons and across year levels. Teachers can then select at which point they would like to complete the RRRR activity based on their individual planning needs.

To jump through to the appropriate year level, please see below;

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Foundation

2022 Foundation TRP Lessons	Foundation Complementary RRRR Lessons	
1	Personal strengths Problem solving Positive gender relations	Activity 4 Activity 2 3 Activity 1 2 3
2	Problem solving Positive gender relations	Activity 2 Activity 3
3	Emotional literacy	Activity 1 2 3
4	Personal strengths Problem solving	Activity 2 4 Activity 1 3
5	Positive coping Stress management	Activity 4 5 Activity 1 2 3
6	-	-
7	Emotional literacy Positive coping Problem solving	Activity 1 2 3 5 Activity 1 Activity 2
8	Emotional literacy Personal strengths Positive coping Problem solving	Activity 5 Activity 2 Activity 3 Activity 3
9	Positive coping Stress management	Activity 4 5 Activity 1 2 3
10	-	-
11	Emotional literacy Positive coping	Activity 1 2 3 Activity 1
12	Emotional literacy Positive coping	Activity 1 2 3 5 Activity 3
13	Positive coping Stress management	Activity 5 Activity 1 2 3
14	Help-seeking	Activity 1
15	Personal strengths Gender and Identity	Activity 1 & 4 Activity 1

Year 1

2022 Year 1 TRP Lessons	Year 1&2 Complementary RRRR Lessons	
1	-	-
2	Emotional Literacy	Activity 3 & 4
3	Personal Strengths Positive Coping Stress Management	Activity 2 Activity 2 Activity 1
4	Emotional Literacy Positive Coping	Activity 1 & 2 Activity 1
5	-	-
6	-	-
7	Emotional Literacy Personal Strengths Help-seeking	Activity 3 & 4 Activity 4 Activity 1 & 2
8	Personal Strengths Help-seeking	Activity 3 & 4 Activity 1 & 2
9	Personal Strengths Positive Coping Stress Management	Activity 2 Activity 2 Activity 1, 2, 3, 4, & 5
10	Positive Coping Stress Management	Activity 2 & 4 Activity 1, 2, 3 & 4
11	Personal Strengths Positive Coping Positive gender relations	Activity 1 Activity 1 Activity 4
12	Positive Coping	Activity 3 & 4
13	-	-
14	Positive Coping	Activity 1
15	Emotional Literacy Personal Strengths Help-seeking	Activity 3 & 4 Activity 4 Activity 1 & 2
16	Personal Strengths Positive Coping Stress Management	Activity 2 Activity 1, 2, 3 & 4 Activity 2, 3, 4 & 5
17	Emotional Literacy Positive Coping Stress Management	Activity 1 Activity 2, 3 & 4 Activity 2, 3, 4, & 5
18	Emotional Literacy	Activity 1
19	Personal Strengths Positive Coping Positive gender relations	Activity 1 Activity 1 Activity 1 & 4
20	Emotional Literacy Positive Coping	Activity 2 Activity 4 & 4
21	Emotional Literacy Personal Strengths	Activity 1, 2 & 4 Activity 3

Year 2

2022 Year 2 TRP Lessons	Year 1&2 Complementary RRRR Lessons	
1	-	-
2	Emotional Literacy	Activity 3 4
3	Positive Coping Stress Management	Activity 2 Activity 1 2 3 4 5
4	Emotional Literacy	Activity 1 2 3
5	-	-
6	-	-
7	Emotional Literacy Personal Strengths Positive Coping Stress Management Positive Gender Relationships	Activity 3 Activity 1 Activity 1 Activity 5 Activity 1
8	Emotional Literacy Positive Coping	Activity 3 Activity 1
9	Positive Coping Stress Management	Activity 2 4 Activity 2 3 4 5
10	Stress Management	Activity 2 3 4 5
11	Emotional Literacy Positive Coping	Activity 2 Activity 1
12	Personal Strengths Problem Solving Help-Seeking`	Activity 1 Activity 1 Activity 1 2
13	-	-
14	Emotional Literacy	Activity 1 2 3
15	Emotional Literacy Personal Strengths Positive Coping Problem Solving Help-Seeking	Activity 3 Activity 1 Activity 1 Activity 1 Activity 1 2
16	Stress Management	Activity 2 3 4 5
17	Emotional Literacy Positive Coping	Activity 1 2 Activity 4
18	Emotional Literacy	Activity 1
19	Emotional Literacy	Activity 3 4
20	-	-
21	Emotional Literacy Positive Coping	Activity 1 2 Activity 4 5
22	Personal Strengths Positive Coping	Activity 1 Activity 1

Year 3

2022 Year 3 TRP Lessons	Year 3&4 Complementary RRRR Lessons	
1	-	-
2	-	-
3	Stress Management	Activity 2 3 4
4	Emotional Literacy	Activity 1 2 4
5	Personal Strengths	Activity 2 3 4
6	Personal Strengths	Activity 2 3 4
7	-	-
8	-	-
9	Emotional Literacy	Activity 2
10	Emotional Literacy Help-Seeking	Activity 5 Activity 2
11	Positive Coping Stress Management	Activity 4 Activity 2 3 4
12	Positive Coping Stress Management	Activity 4 Activity 2 3 4
13	Emotional Literacy Positive Coping	Activity 2 3 4 Activity 2 4
14	Emotional Literacy	Activity 4
15	-	-
16	-	-
17	Emotional Literacy	Activity 5
18	-	-
19	Stress Management	Activity 2 3 4
20	Positive Coping Stress Management	Activity 4 Activity 2 3 4
21	Emotional Literacy Positive Coping	Activity 2 3 4 5 Activity 2 3 4
22	Emotional Literacy Positive Coping	Activity 1 2 3 Activity 2 3 4
23	-	-
24	-	-
25	Emotional Literacy	Activity 2
26	-	-
27	Stress Management	Activity 1 3 4

28	Positive Coping Stress Management	Activity 4 Activity 2 3 4
29	Emotional Literacy	Activity 3 4
30	Emotional Literacy	Activity 1 2 3 4

Year 4

2022 Year 4 TRP Lessons	Year 3&4 Complementary RRRR Lessons	
1	Emotional Literacy	Activity 1 2 3 4
2	-	-
3	-	-
4	Stress Management	Activity 1 2 3 4
5	Emotional Literacy Personal Strengths Gender and Identity	Activity 5 Activity 1 2 3 4 Activity 1
6	Emotional Literacy Personal Strengths Gender and Identity	Activity 5 Activity 1 2 3 4 Activity 1
7	-	-
8	-	-
9	-	-
10	-	-
11	-	-
12	Stress Management	Activity 1 2 3 4
13	Stress Management	Activity 1 2 3 4
14	Emotional Literacy Positive Coping	Activity 2 4 Activity 4
15	Emotional Literacy Positive Coping Stress Management Help-Seeking	Activity 2 4 Activity 1 2 Activity 1 Activity 3
16	-	-
17	-	-
18	Positive Coping Gender and Identity	Activity 1 Activity 1
19	-	-
20	Stress Management	Activity 1 2 3 4
21	Stress Management	Activity 1 2 3 4
22	Emotional Literacy	Activity 4
23	Emotional Literacy	Activity 4
24	-	-
25	-	-
26	-	-

27	-	-
28	Emotional Literacy	Activity 4
29	Emotional Literacy Positive Gender Relations	Activity 4 Activity 4
30	Emotional Literacy	Activity 1 2 3 4

Year 5

2022 Year 5 TRP Lessons	Year 5&6 Complementary RRRR Lessons	
1	Emotional Literacy	Activity 1 2
2	-	-
3	-	-
4	Positive Coping Stress Management	Activity 1 Activity 1 2 3
5	Personal Strengths	Activity 1 2 3 4 5
6	Personal Strengths	Activity 1 2 3 4 5
7	Positive Coping	Activity 1 2
8	-	-
9	-	-
10	-	-
11	Positive Coping Stress Management	Activity 1 Activity 1 2 3
12	Positive Coping Stress Management	Activity 1 Activity 1 2 3
13	Emotional Literacy	Activity 2 4
14	Emotional Literacy	Activity 2 4
15	-	-
16	-	-
17	-	-
18	Positive Coping	Activity 1 2
19	Positive Coping Stress Management	Activity 1 Activity 1 2 3
20	Positive Coping Stress Management	Activity 1 Activity 1 2 3
21	-	-
22	Emotional Literacy	Activity 2 3 4 5
23	-	-
24	Help-Seeking	Activity 3
25	-	-
26	-	-
27	Emotional Literacy	Activity 1
28	Positive Coping	Activity 1

	Stress Management	Activity 1 2 3
29	Personal Strengths	Activity 1
30	Emotional Literacy	Activity 1 2 4 5

Year 6

2022 Year 6 TRP Lessons	Year 5&6 Complementary RRRR Lessons	
1	-	-
2	-	-
3	Emotional Literacy	Activity 1 2 3 4 5
4	Personal Coping Stress Management	Activity 3 Activity 1 2 3
5	Personal Coping Stress Management	Activity 3 Activity 1 2 3
6	-	-
7	Positive Coping	Activity 1
8	-	-
9	-	-
10	Personal Strengths	Activity 1 2 3 4 5
11	Personal Strengths	Activity 1 2 3 4 5
12	-	-
13	-	-
14	-	-
15	-	-
16	Emotional Literacy	Activity 1 2 3
17	Emotional Literacy Stress Management	Activity 1 2 3 4 Activity 1 2 3
18	-	-
19	-	-
20	Positive Coping	Activity 1 2
21	Personal Strengths	Activity 1 2 3 4 5
22	Emotional Literacy Stress Management	Activity 2 4 Activity 1 2 3
23	Emotional Literacy	Activity 2
24	-	-
25	Emotional Literacy	Activity 1 2
26	Help-Seeking	Activity 2 3 4
27	Stress Management	Activity 1
28	Stress Management	Activity 1

29	Stress Management	Activity 1
30	Stress Management	Activity 1