

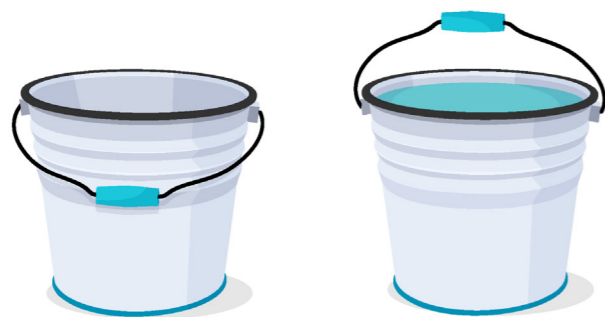
BUCKET FILLING

LESSON 14

Bucket filling

Whose bucket did you add to?

Why did you choose them?



Learning Intentions:

We are learning to: give compliments and express gratitude.

Resources:

- Video Resource List.
- 'How full is my bucket for kids'.
- Brown paper bags.
- Colour textas/pencils.
- Blu-tac.
- White A4 paper cut into strips.
- Student Journals.

Outline:

Activity 1: Video and brainstorm (15 mins)

- Watch **Video 308** from the Video Resource List.
- Discuss with the class: "How do you fill a bucket?" (give a compliment). "How do you take from a bucket?" (say something hurtful/upsetting).
- On the board, write examples of bucket filling and bucket dipping. The students brainstorm ideas to add to the list.

Bucket Filling
'You are a really kind person'



Bucket Dipping
'You are a loser'

Activity 3: Compliments (10 mins)

- Discuss as a class what a compliment is. For example, expressing gratitude for someone. It could be for something they said or did, but it must be genuine and authentic.
- Model an example for the students, for example, 'I want to say thank you to Sarah for picking up the rubbish in the yard today. She did it using her own initiative.'
- Students are then to think about someone who they are grateful for or say something nice about someone. Then, they are to write this down on a strip of paper and when they have finished, fold it up and put it in that student's paper bag.
- Remind students that it isn't about writing about your friends, but really thinking about caring, grateful things to say about others. Each student should write for three other people.

Activity 4: Student Journal activity (5 mins)

- Students to answer the reflection questions in their Student Journals.

Activity 2: Brown paper bag (20 mins)

- Have students get a brown paper bag and give them time to draw a picture of their face on one side. Students can also decorate the bag with things that are important to them, e.g. family members, pets, football team, etc. These are to be displayed in the classroom - affix each brown paper bag along a wall or ledge with blu-tac.